**Canopi Wellbeing Allies**

**Expression of Interest Form**

*Thank you for your interest in becoming a Canopi Wellbeing Ally*

**Here is some more information about the role:**

As a Canopi Wellbeing Ally you would:

* Make contact with referred individuals signposted to you from Canopi
* Provide confidential support to individuals who are experiencing difficulties relating to their wellbeing and mental health
* Alert the Canopi Helpdesk Team (or out-of-hours call 999) if you have any concerns about the client you are supporting
* Attend training
* Contribute to case discussions at supervision and training days
* Maintain confidentiality
* Let the Canopi team know if your availability or personal circumstances change

The Canopi team will provide a full induction, training, and ongoing support to help Wellbeing Allies in their role.

**We are seeking Wellbeing Allies who:**

* Have previous or current professional practice in social care and/ or healthcare
* Have knowledge of the health and/ or social care sector
* Can adopt an empathic approach whilst maintaining professional boundaries
* Can quickly analyse complex situations – focusing on the detail and the ‘bigger picture’
* Have a constructive, thoughtful, and empowering approach to problem solving
* Have good communication, time management and organisational skills
* Can maintain confidentiality and are aware of the Caldicott principles of disclosure

**Here’s some more information about what we ask for:**

We recognise that people volunteer their time to be Wellbeing Allies and we are grateful for the time that people offer. Canopi endeavours to be flexible, enabling you to fit your time with us around your other commitments. We only ask that you commit to engaging in the role in a sustainable way. We will review how things are going every six months and this will offer regular points when this commitment can be revisited.

Please do get in touch to discuss if you interested, even if you are not sure whether the time you can offer is ‘enough’!

**Next steps**

If you might be interested, please fill in the ‘Expression of Interest’ form by

* Completing the information below and email it to canopi@cardiff.ac.uk
* Asking for a hardcopy of this form to complete by emailing canopi@cardiff.ac.uk

The information you share will be stored securely in line with Cardiff university data protection policy (<https://www.cardiff.ac.uk/public-information/policies-and-procedures/data-protection>).

The information shared will be reviewed by the Canopi management team, who will then contact you to discuss next steps. We will aim to get in touch within a month. If you have any questions in the meantime, please email: canopi@cardiff.ac.uk.

***Please complete all the information below and email it to*** canopi@cardiff.ac.uk

1. Full Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Gender, I identify as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Email address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Phone number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Please state your job title \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. In a sentence or two please describe your work. What sector do you work in? Who

do you support in your work? Do you manage other staff?

1. Please provide consent for us to store your information for administrative purposes by including the following line or similar in your response, *“I consent for Canopi to store my information for administrative purposes”*

*Thank you for taking the time to complete these items.*

We will be in contact soon to discuss next steps. Please do contact us in the meantime if you have any questions: canopi@cardiff.ac.uk